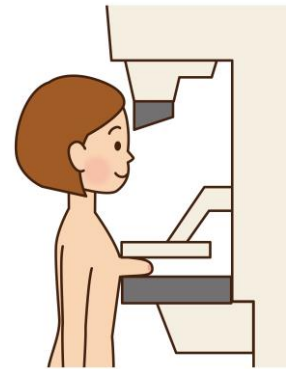


Essential # 7 – Adopt Very Early Detection

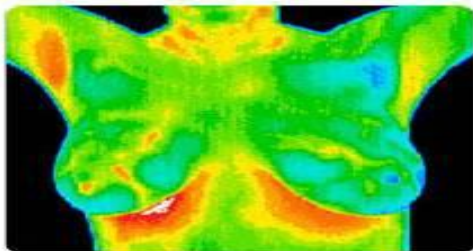
Are you tired of the "Big Squeeze", aka, mammograms? Ever wonder if all that compression and radiation to the breast might be causing some harm to your body?

In short, here are a few highlights about mammography:

- 1.) Mammograms may increase the spread of cancer cells as a result of the compression of present small tumors not yet visible on an x-ray
- 2.) Since when is radiation "safe". A mammogram delivers more than 1000 times the radiation of a chest X-ray.
- 3.) Studies have shown that if you have a family history of cancer, repeated mammograms may very well increase the possibility of the development of Breast Cancer.
- 4.) **A 25 year Canadian study with 50,000 women concluded that routine mammography is as beneficial in detecting Breast Cancer as a self-breast exam.**
- 5.) After all is said and done, mammograms have NOT reduced Breast Cancer mortality.



Digital Infrared Thermal Imaging, also known as Thermography, can detect abnormal breast patterns 5-8 years before that lump is visible on a mammogram.



Thermography is a painless, noninvasive, state of the art clinical test of physiology that is used as part of an early detection program. Infra-red heat being emitted from your body is measured with a special camera and the images are captured electronically. These are then analyzed by a Medical Doctor who specializes in analyzing and reading Thermographic images.

There are also specific blood tests that are NOT used or recommended by mainstream medicine that can detect cancer on a cellular level, before it appears as a lump or a bump. You might enjoy reading about these tests on my web site.

Congratulations! You are well on your way to being Proactive with Prevention!

I wish you the best of health on your journey.

If you enjoyed this special mini e course and would like to know more about the 7 Essentials system, please visit my blog: BreastCancerConqueror.com

Wishing you a happy and healthy journey!