Breast Health: An Overview
“Progress is impossible without change, and those who cannot change their minds cannot change anything.”

-George Bernard Shaw
Types of Breast Cancer

1. Estrogen receptor positive, or progesterone receptor positive
2. HER2 Positive
3. Triple negative breast cancer
4. DCIS-ductal cell carcinoma in situ
5. Lobular Carcinoma in situ
6. Inflammatory breast cancer (IBC)
1 - Hormone Receptor Positive Cancer

- Estrogen Receptor positive cancers grow in response to estrogen.
- Progesterone Receptor positive cancers grow in response to progesterone.
- These cancers are caused by xeno-hormones.
Your Hormones do NOT Cause Cancer!
Hormone Receptor Positive Cancer

Genetic weakness that leads to poor liver detoxification
Hormone Receptor Positive Cancer

Improper *methylation* of hormones can cause them to accumulate in the body.
2 - HER2 Positive Breast Cancer

• This kind of cancer occurs when too much HER2/neu protein is produced.

• This protein is important for normal cell growth, but a mutation causes too much protein production, making cells divide too quickly.
3 - Triple Negative Breast Cancer

- Triple Negative Breast Cancer is neither estrogen, progesterone, nor HER2 positive.
- "Poor" prognosis with traditional medicine because they have not found the "miracle drug"
4 - Ductal Cell Carcinoma in situ

- DCIS is usually not spread to nearby tissue. It is often called “pre cancer”.
- Stage 0
- It was not often diagnosed before the 1980’s.
- “DCIS is abnormal cells in the milk ducts. It is NOT cancer.”

~ Journal of the National Cancer Institute
DCIS

• The risk of dying from DCIS within 5 years is less 0.7%.

• Conventional treatment for DCIS is lumpectomy, radiotherapy, and Tamoxifen.

• Do these therapies cause development of more aggressive cancers????
5 - Lobular Carcinoma in situ

- “Lobular Neoplasia” is not invasive.
- It grows in milk glands.
6 - Inflammatory Breast Cancer (IBC)

- IBC is rare and aggressive. The cancer blocks lymph vessels in the breast.
- There is no lump so not seen on mammograms.
WHY YOUR DNA ISN’T YOUR DESTINY

The new science of epigenetics reveals how the choices you make can change your genes—and those of your kids

BY JOHN CLOUD
7 Cancer Triggers
Trigger #1: SAD: Standard American Diet

- Excessive sugar consumption
- Bad fats and oil
- Additives and chemicals
- Hormones and antibiotics
- Overcooked and processed foods
Trigger #2: Environmental Toxicity

- Plastics, herbicides, pesticides
- These are all chemical Xeno-estrogens
- Chemicals in your home
- Chemicals you put ON your body
Trigger #2: Environmental Toxicity

- Electro pollution
- Chronic exposure to EMF is associated with increased health risks.
- Sources of EMFs: power lines, cell phones, cordless phones, cell phone towers, computers, WIFI
Trigger #3: Physical and Hormonal Stress

- **Oxidative stress** is where the body is unable to detoxify or repair damage from toxins.
- **Free radicals** are produced while breaking down food and environmental toxins
- Imbalanced hormones
Trigger #4: Emotional Wounds

- Cancer begins with an emotional shock that short-circuits specific areas of brain, making organs more vulnerable to cancer.

- “I searched for cancer in the cell, and I have found it in the brain.”

  ~Dr. R. G. Hamer.
Trigger #5: Dental Toxicities

- People with compromised immune systems have a common denominator, Dental Toxicities.
- These affect you chemically and energetically.
Trigger #6: Inflammation and Methylation

Inflammation occurs in all stages of dis-ease and eventually tumor development.

Poor Methylation or metabolism of certain chemicals and hormones increase your cancer risk.
Trigger #7: Needles, Knives, Lotions and Potions

- Some cancers are iatrogenic (medically induced)
- The tools that are used to diagnose and treat cancer are some of the causes of cancer
- Radiation and some chemotherapies stimulate the growth of Breast Cancer Stem Cells
Trigger #7: Needles, Knives, Lotions and Potions

- Radiation “therapy” kills off the main tumor but increases BCSC
- Cancer cells that survive radiation are up to 30x more likely to form other tumors
The 7 Essentials System™

- Early Detection
- Therapeutic Plants
- Biological Dentistry
- Energy
- Emotions
- Toxic Exposure
- Food

Empowering Women around The Globe
You Are in Control!
Proactive Patty

- Your family’s cancer history does not necessarily mean it is your destiny too
- Stay ahead of the game with diagnostic tests and tools for very early detection
- The Prevention Track
Surviving Suzy

• You’re not just a survivor – you’re a thriver!

• You’re ready to detox your body and get back your pre-cancer vigor

• The Surviving Track
Healing Hannah

• You are in the midst of your challenge with breast cancer

• You know your body has the ability to heal – you just need the right ammunition, support and a positive mindset

• The Healing Track