



Chemotherapy Detox Suggestions

Always discuss any supplements or changes of medication with your doctors. It is recommended that supplements should not be taken 48-72 hours after chemotherapy.

Immune Support

Chemotherapy can greatly decrease immune system function. Consider the following to boost the immune system function.

- Mistletoe Injections- You do need a naturopath or physician to order this for you and help with dosing. Believe Big is an excellent resource to find someone who can help you.
<https://www.believebig.org/>
- Vitamin C
 - Vitamin C is not only very supportive of your immune system but can also cause cancer cell death
 - Read this Blog: <https://breastcancerconqueror.com/can-vitamin-c-iv-heal-cancer/>

Consider either The 7 Essentials® Buffered C, 3-4 teaspoons per day or to bowel tolerance or Liposomal C - 2 teaspoons 4 times per day

<https://breastcancerconqueror.com/product/lipo-vitamin-c/>

- Vitamin D- Make sure to have your Vitamin D levels tested and supplement as needed.
 - Optimal Vitamin D levels have been shown to reduce breast cancer risk by 83% and are associated with an increased survival rate for Breast Cancer. Optimal levels are around 80-100 ng/ml
 - Read this Blog: <https://breastcancerconqueror.com/new-studies-prove-vitamin-d-benefits-for-breast-health/>



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Consider either The 7 Essentials® D+K or BioMulsion D.

(If you choose BioMulsion D you will have to purchase a separate K. 100mcg of Vitamin K2 is recommended for every 5,000 iu of Vitamin D)

<https://breastcancerconqueror.com/product/vitamin-d-k/>

<https://breastcancerconqueror.com/product/bio-d-mulsion-forte-2-bottles/>

Immune Support

- Zinc- Consider 50mg per day
 - Zinc stimulates over 300 enzymes which promote immune system function
 - Read this Blog: <https://breastcancerconqueror.com/zinc-and-breast-cancer/>

<https://breastcancerconqueror.com/product/super-zinc/>

- Vitamin E- Tocotrienols: Consider 2 capsules 2 times per day
 - Very powerful antioxidant that can help with DNA repair and act as a free radical killer

<https://breastcancerconqueror.com/product/super-e-plus/>

- Melatonin/High Dose Melatonin: Consider at least 5mg per night, but many will consider high dose melatonin
 - Very powerful antioxidant and can also stimulate liver detoxing

Minimum Melatonin- <https://breastcancerconqueror.com/product/melatonin-slow-release-2/>

High Dose Melatonin (Melatonin Maxx)- Consider 60 mg 3 times per day or 180 mg a few hours before bedtime

<https://www.scientifichealthsolutions.com/product/melatonin-max/>

Provider code- #5101



Chemotherapy Detox Suggestions

Gut Healing

Chemotherapy can also be damaging to the gut, consider these suggestions to help soothe, heal and seal the gut.

- Colloidal Silver with Aloe Vera- Two tablespoon of Argentyn mixed into 2 tablespoons of Aloe Vera Juice 3 times per day. (If you weigh less than 120lbs then 1 tablespoon of silver mixed in with 1 tablespoon of aloe vera juice three times per day)

<https://breastcancerconquerorshop.com/product/argentyn-23/>

- Ion Biome Gut Support- One teaspoon 3 times per day

<https://ionbiome.com/>

- Sovereign Colostrum- This is to help seal a leaky gut and build your immune system. Start slowly and work your way up to 1 tablespoon twice daily, preferably first thing in the morning and then before bed.

Please read this:

<https://breastcancerconqueror.com/benefits-organic-grassfed-colostrum/>

Sovereign Colostrum recommends using the Bioidentical Peptide spray along with the colostrum.

<https://www.prosovlabs.com/#drv>



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Heavy Metal Detoxing

Chemotherapy is known to contain some heavy toxic metals. Some heavy metals can continue to circulate in the body for up to 6 years after exposure. Consider the following suggestions to help bind with and excrete heavy metals.

- Modified Citrus Pectin- Consider 1 scoop 3 times per day OR 6 capsules 3 times per day on an empty stomach – AWAY from ALL other supplements.
 - Reduces inflammation, makes cancer cells “slippery”, prevents angiogenesis, reduces tumor migration, detoxes from heavy metals
 - Read this Blog: <https://breastcancerconqueror.com/benefits-modified-citrus-pectin/>

EcoNugenics:

<https://breastcancerconqueror.com/product/pectasol-powder-lime/>

<https://breastcancerconqueror.com/product/pectasol-c-551g-lime-flavored/>

- Chlorella/Spirulina- You can take chlorella/spirulina tablets similar to the ones below:
https://www.amazon.com/gp/product/B00FAB10ZI/ref=ppx_yo_dt_b_search_asin_title?ie=UTF8&psc=1



Chemotherapy Detox Suggestions

Liver Support

During chemotherapy treatments the liver has to work really hard to detox from medications as well as from cancer cell death. Consider the following to help support, cleanse and encourage liver detoxification.

- Coffee enemas are a great way to detox the liver and are a very important aspect of your healing journey. I have attached instructions.

Please read this:

<https://breastcancerconqueror.com/coffee-enemas-a-must-for-a-toxic-world/>

The use of SA Wilson's Organic Gold Roast Coffee is recommended for your enemas since it is higher in palmitic acid and caffeine, which is what is needed to stimulate the liver and increase glutathione production.

Here is a YouTube video where Dr. V explains the benefits of Coffee Enemas as well as how they work:

<https://www.youtube.com/watch?v=RbuLpowyZfk&t=370s>

- Hydrangeaplex & Dandiplex Tinctures- Consider 10 drops 3 times per day

You can email Jennifer at store@breastcancerconqueror.com and she can order for you

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