



Do you have the Cancer personality?

Based on Dr. Douglas Brodie

Circle the ones that apply to you or that you can relate to.

1. Being highly conscientious, caring, dutiful, responsible, hard-working, and usually of above average intelligence.
2. Exhibits a strong tendency toward carrying other people's burdens and toward taking on extra obligations, and often "worrying for others."
3. Having a deep-seated need to make others happy. Being a "people pleaser" with a great need for approval.
4. Often lacking closeness with one or both parents, which sometimes, later in life, results in lack of closeness with spouse or others who would normally be close.
5. Harbors long-suppressed toxic emotions, such as anger, resentment and / or hostility. The cancer-susceptible individual typically internalizes such emotions and has great difficulty expressing them.
6. Reacts adversely to stress, and often becomes unable to cope adequately with such stress. Usually experiences an especially damaging event about 2 years before the onset of a detectable cancer.

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, typical of notebook paper. There are no margins, text, or other markings on the page.