



Essential #7

Examples of Available *Yourlabwork* Testing Panels

FAVORITE PANELS



Why I Love This Panel

"The greatest part of the Foundation Panel is that you can get the most critical and actionable lab data in one bundle. Just swing by the local lab and you'll be able to see your results within a couple days."

The **Breast Health Foundation Panel** provides you with personalized health data in four categories of overall health:

INFLAMMATION

hs-CRP | ESR | LDH | Total CK

METABOLISM

Fasting Glucose - Hemoglobin A1c

NUTRIENTS

Vitamin D - Vitamin B12 - Serum Ferritin - Iron & Total Iron Binding Capacity (TIBC)

CORE TESTS

Comprehensive Metabolic Panel (liver and kidney function, electrolytes, and protein stores) - Serum Sodium - Potassium - Chloride - Serum Creatinine - Blood Urea Nitrogen - estimated Glomerular Filtration Rate - Carbon dioxide - Calcium - Total Protein - Albumin - Globulin - Albumin/Globulin Ratio - Total Bilirubin - Alkaline Phosphatase - AST - ALT - ABO Blood Type and Rh Status - Complete Blood Count - White Blood Cell Count - Red Blood Cell Count - Hemoglobin - Hematocrit - MCV - MCH - MCHC - RDW - Platelet Count - MPV - Neutrophils - Lymphocytes - Monocytes - Eosinophils - Basophils

PRICE: \$229 \$209

[Purchase Now](#)

ADDITIONAL PANELS

BCC Panel Exposure

Tests Included:

Epstein Barr Virus
Lyme Disease
Adult Food Allergy - ICE
Toxic Mold Panel
Arsenic
Mercury
Lead

PRICE: \$999

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BCC Panel General Health Screening

Tests Included:

Comprehensive Metabolic Panel
Lactose Dehydrogenase (LDH)
ABO and Rh blood typing

PRICE: \$79

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BCC Panel Inflammatory

Tests Included:

hs-CRP
Homocysteine
Total CK
Lactose Dehydrogenase (LDH)
ESR (Erythrocyte Sedimentation Rate)

PRICE: \$99

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BCC Panel Metabolism

Tests Included:

Fasting Insulin
Fasting Glucose
Hemoglobin A1c

PRICE: \$59

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BCC Panel Nutrient Panel

Tests Included:

Vitamin D
Ferritin
Omega 3 Index
RBC Magnesium
Zinc
CoQ10

PRICE: \$349

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BCC Panel Thyroid

Tests Included:

TSH
T3, Free
Reverse T3
T4, Free
TPO
Thyroglobulin AB

PRICE: \$279

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